

PRSRT STD
U.S. POSTAGE
PAID
Nutri-Health Supplements

Stop being hijacked by high-dollar hygiene!



See inside to find out how to:

Go ahead, **SMILE!**
All the details are inside...

Get the most out of your visit to the dentist page 23



Stop being hijacked by high-dollar hygiene page 12



Extinguish the daily forest fire in your mouth page 7



Win the war for healthy gums page 23



Bright white teeth don't have to be a PAIN!



If you want noticeably whiter teeth — and who doesn't — prepare to pay a painful price, with your mouth...and your wallet!

But why succumb to sensitive teeth, irritated gums, even significant

damage to your teeth's precious enamel — and drop hundreds for the privilege — when the safe and natural alternative takes mere seconds...costs dimes not dollars per day... and actually tastes and feels GREAT?

TURN ON your body's NATURAL teeth-whitening power, and you'll enjoy noticeably whiter teeth GUARANTEED, PLUS a lifetime of...

- ✓ Fresh, clean breath
- ✓ Stronger, healthier teeth
- ✓ Healthy gums
- ✓ Fewer cavities
- ✓ Eating what you want without worry
- ✓ And a chance to *smile with confidence for years to come!*

INSIDE: What's *really* causing up to 90% of all bad breath — and how to know if you've got it... (If your friends haven't told you already)!

The simple **secret** most dentists keep hidden...

No one enjoys going to the dentist, but it's the price we pay to keep our teeth in our mouths — and *not in a jar on the bedside table.*



**Go ahead,
SMILE!**
All the details
are inside...

But what your dentist's not telling you is once your mouth is scraped clean of all that plaque and buildup, it's like a starter's pistol... and the race for the health of your mouth is on!

Which type of *oral bacteria* will coat your teeth, gums and even your tongue, gain the upper hand and ultimately decide the health and appearance of your smile?

The good guys: Naturally whitening and protecting your teeth and gums, or...

The bad guys: The cause of 90% of bad breath and the root cause of gum and teeth problems!

The good news is, you decide who wins.

► **Because now you'll know a simple secret, even if your dentist doesn't. Details inside...**

After years of study and painstaking microscopic observation of what's behind

- bad breath...
- cavities...
- gum discomfort...
- and dull, dingy teeth, scientists have now revealed...



The secret war within your **MOUTH**

Believe it or not, this very second you're host to over 100 different kinds of bacteria...and that's in your mouth alone!

They take up residence along your gum line, coat your teeth and tongue, and swim swiftly through your saliva, coating the tissues in your mouth, each and every day...

**But when it comes
to your health,
exactly whose side
are they on?**

Will they work to protect your precious teeth, keep your mouth fresh and clean, your gums perfectly pink, and defend you deep in the tiny trenches, between bicuspid and incisors...

Or have they already *gone rogue*... determined to take down your teeth and gums, snickering at your feeble attempts to stop them with (ha!) a mere toothbrush in hand?

Now, thanks to an astonishing

breakthrough in oral healthcare, you're firmly in command of this battle.

Armed with this breakthrough *oral probiotic*, you'll now be able to deploy good-guy battalions... to protect your mouth from a war you can't see waging, but the aftermath is all too apparent.

Because for you, winning this war means a lifetime of...

- Stronger, healthier teeth
- Healthy gums
- Fewer cavities
- A chance to eat what you want again *without worry*
- Fresh, clean breath
- **And noticeably brighter, whiter teeth — in just 30 days, GUARANTEED!**

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Stop being **hijacked** by high-dollar hygiene!



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to find out
how to:**

**Get the most
out of your
visit to the
dentist
..... page 23**



**Stop being
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hygiene
..... page 12**



**Extinguish
the daily
forest fire in
your mouth
..... page 7**



**Win the war
for healthy
gums
..... page 23**



To discover the secret to fresh, clean breath

- Strong, white teeth...
- Eating the foods you love without worry...
- And pink, healthy gums...

Put your **MOUTH** under the MICROSCOPE



The latest advance in oral care isn't a fancy toothbrush, mouthwash or dental treatment.

It's not expensive, time-consuming or painful.

It's the result of years of research, with leading scientists delving deep into the tiny reaches of healthy (*and not so healthy*) mouths...

► **LOOK INSIDE** to discover what's inside your mouth right now, and what you can do to keep it healthy, clean, and problem-free for years to come... in just seconds a day!

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The simple **secret** most dentists keep hidden...

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Say goodbye to **“Grandpa Breath!”**



Go ahead, SMILE!
All the details are inside...

If your friends don't have the heart to tell you, ***you might never know you've got it.***

What you don't know can hurt you... your confidence, your relationships, and as a warning sign that the health of your mouth has definitely headed south!

If your spouse prefers a kiss on the cheek...your grandkids keep their distance...or you're avoiding

people for *their own protection*, leading scientists now know what's behind this rising tide of stinky breath, and how we can finally stop it for good!

Inside, the REAL cause of up to 90% of bad breath — how to know you have it — and what you can do...

► **TURN ON your body's NATURAL teeth-whitening power, and you'll enjoy noticeably whiter teeth GUARANTEED, PLUS a lifetime of...**

The 10-second secret to a healthy smile, revealed

Dear Friend:

You can't see what's happening without a microscope, but it's as clear as the smile on your face.

You're the one in the family photos with your mouth *clamped shut*...

Careful about what you eat, for fear you've bitten off *more than you can chew*...

Sneaking a quick breath in cupped hands to see... yet again... *how's my breath today?*

If you find yourself struggling with...

- ✓ Dull, dingy teeth that have lost their luster
- ✓ Sensitive gums your dentist just *shakes his head at*
- ✓ Bad breath even mouthwash can't fight for long, *if at all*
- ✓ Creeping cavities you thought you'd left behind long ago
- ✓ Or you simply dread going to the dentist, because *this time*, the news could be bad



We finally know the root of these problems — and a just seconds-a-day solution to doing something about it!

Folks, right this instant, there are battalions of tiny combatants setting up camp along your molars, your gum line, your tongue...

And if you don't send reinforcements, they're guaranteed to retrench... and leave behind a mess that you'll struggle for years to clean up!

Now that we're keeping our teeth... let's keep them clean, white and healthy!

Losing your teeth used to be a rite of passage. Our grandparents were more likely to treat their teeth *in a jar* than with a toothbrush and floss.

But advances in dental care means more of us are holding on to our teeth than ever before, so dental hygiene and the *health* of our teeth and gums is suddenly a major concern.

Sure, there are practical reasons. It's hard to enjoy a fresh apple, corn on the cob or a juicy steak if you're worried if your teeth are even up to the challenge!

But it's much more than that. If the eyes are the window to the soul, our smile is a peek into our *personality*, and a spotlight on the health of our entire body.

A bright smile, fresh breath,

and strong, healthy teeth and gums give us the confidence to be ourselves, and the freedom to enjoy the foods we love. What's more, your mouth forms a connection to total-body health we're just now beginning to understand.

Oral health affects your entire body!

Did you know that studies have shown a direct connection between the health of your gums and a healthy heart? It's true, and we learn more about our mouths and the importance of keeping them healthy every day!

But to get the big picture of what's happening inside that mouth of yours, you have to begin by thinking small...

Put your mouth under the microscope...

While brushing and flossing are no doubt important when it comes

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Source: National Health Interview Survey, 1983, 1993. 7 Centers for Disease Control and Prevention. Total tooth loss among persons aged greater than or equal to 65 years — selected states, 1995-1997. MMWR. 48(10): 206-210, 1999.

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to proper oral hygiene, they're barely scratching the surface in the battle to keep your teeth and gums truly healthy and clean.

Because just like your digestive system, true oral health depends on the action of specific beneficial bacteria, otherwise known as *flora*.

And just like what's happening inside your intestines right now, the battle of good vs. evil in your

mouth is waged daily, determining your health on a microscopic level.

For the last 22 years, **Nutri-Health** has been helping health conscious people all over this country find the balanced, natural vitality they deserve with the help of probiotics, like our industry-leading multi-strain probiotic, *Flora Source*.

And now we're finally able to use this same power to deliver potent

Imagine It: 9 out of 10 dentists recommend...ICE CREAM?

Oh, what might have been... The breakthrough probiotic combination in FloraBright is the result of years of study, by teams of researchers and scientists, with not one but two puzzles to solve.

First, they had to find just the right probiotics. And once they did, they had to create the perfect medium to deliver them to your teeth and gums.

Scientists tried milk...gum...even pacifiers. Not a great look if you're not in pre-school...

They then tried cheese, and even a probiotic-rich ice cream!

Too bad THAT didn't work out...but good luck carrying around a cone in your purse!

Instead, now you simply pop a specially designed FloraBright mint in your mouth and let it dissolve. Once a day is all it takes, and you're well on your way to whiter, healthier teeth and fresh clean breath!

(And save the ice cream for dessert...)



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probiotic reinforcements to your *teeth and gums*, tipping the balance towards the healthy smile you used to have, or always wished you did!

3 things your dentist never told you about your mouth

For years scientists theorized about what's really going on in your mouth, and whether adding probiotics could mean a brighter future for your teeth and gums.

As the research began to evolve, it soon became clearer: the right probiotics, delivered just the right way, could definitely support healthier teeth and gums...freshen breath...even whiten your teeth in ways nothing else can...because these specialized oral flora go to work in 3 uniquely amazing ways:



Oral Probiotic POWER #1:

When good bacteria are present, they can win the race to become the primary leaders of your *biofilm*, the coating that surrounds your teeth and gums. Add to their numbers and just like a game of microscopic musical chairs, the good guys find their places first, and the bacteria that can lead to tooth decay and bad breath are left to sulk in the corner as the music stops!



Oral Probiotic POWER #2:

EVEN BETTER, instead of just pushing bad bacteria aside, healthy, strong probiotic flora



SOURCE: www.dentaldocinfo

wrestle away the nutrients and growth factors their bad seed cousins need to survive, while also producing natural *anti-microbial compounds* that can deliver a killer knockout punch. For you that means significantly fewer bacterial bullies in the first place, because they're extinguished before getting a chance to do their dirty work...



Oral Probiotic POWER #3:

PLUS, oral probiotics can also *support immune function* of the host (that's you!) and the healthy immune and inflammatory responses of your delicate mouth tissues. By reducing pro-inflammatory *cytokines* and *MMP* — an enzyme that can impact tissue strength — your gums can stay pink and healthy, and serve as a solid foundation for strong teeth.

But not just any probiotic will do the trick...

If you're thinking "This sounds great — better buy some yogurt..." THINK AGAIN.

Because just putting probiotics in your mouth doesn't make them *oral probiotics*. You need the

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precise, specific strains of oral flora that naturally support oral health.

- They have to arrive alive to make it to the tissues in your mouth
- Adhere to the surfaces of your teeth and gums...
- Make their way into the natural community inside...
- And restore the natural balance to your mouth, for years of healthy teeth and gums to come!

No ordinary probiotic can do all that!

But this one CAN, and it's far from ORDINARY!

The latest addition to the multi-probiotic family at Nutri-Health is called **FloraBright**, and it's like nothing the world of probiotics has seen before.

All-new **FloraBright** contains an award-winning combination of precise oral flora, all carefully protected and delivered in a delicious, easy-to-use mint lozenge.

"Let us always meet each other with a smile, for the smile is the beginning of love."

— Mother Teresa

It dissolves in just seconds, to help create a perfectly healthy mouth, in ways you can't see, but in some very important ways you CAN, like:

- ✓ **A beautiful, confident smile**
- ✓ **Strong, healthy teeth and gums**
- ✓ **Fresh, clean breath that lasts**
- ✓ **And a whiteness that comes naturally**, not from harsh scraping, chemicals or (God forbid) lasers in your mouth!

Unleash your own natural whitening power!

When you put the oral probiotics in **FloraBright** to work, the specially selected *S. oralis*, *S. uberis* and *S. rattus* flora support the natural balance of good bacteria, keeping your mouth strong and protected, all day long.

Along with crowding out bad bacteria, these tiny workhorses also produce natural *hydrogen peroxide*, reaching where other solutions can't to target bad bacteria and protect your fresh breath.

But that's not all. This microscopic peroxide is like an army of tiny scrubbing bubbles, naturally whitening your teeth painlessly, using the same science other, harsher alternatives do, but without the time, expense, stinging or inconvenience!



So much POWER in one tiny mint!

This tiny mint does it all...

Take a close look at a **FloraBright** mint and you may wonder..."How can so much power come in such a tiny tablet?"

"Really Doc, can it honestly protect against teeth and gum problems, beat back bad breath, even whiten my teeth naturally...and do it all in a way that both tastes and feels great too?"



It's amazing to be sure, but it's definitely for real.

And I can't wait to tell you more about how it works...and hear your story first-hand once you try **FloraBright** for yourself!

Read on...

That "anti-bacterial rinse" is like a FOREST FIRE in your mouth!

If you're worried about bacteria in your mouth, it seems perfectly logical...**wipe them out!**

Not so fast. Anti-bacterial treatments, scrapings, planing — all definitely effective at stripping away bacteria.

But because they're not *selective*, and don't support a healthy

balance of oral flora, they wipe away the good AND the bad!

And like a forest devastated by fire, it's a rush to see what grows back first — beautiful trees and flowers...or a tangled web of weeds!

The best plan is to make sure you support healthy oral flora, naturally — by adding reinforcements to your good guy regimen each day. In just seconds, **FloraBright** does exactly that!



IMPORTANT NOTE: If you're scheduled to see the dentist soon, make sure you order your **FloraBright** today — it's the first thing you should put in your mouth the minute you leave the office!

See page 31 for our amazing introductory offer — and your chance to grab up to 4 FREE gifts!

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The second it hits your saliva, the MAGIC of FloraBright begins...

Your mouth, like the world around us, is in a constant struggle for *equilibrium*. To tip the scales toward balance and health, sometimes it's best to stack the deck!

Now, you could spend a fortune on fancy toothpastes and mouthwashes — plus endless hours of agony in the dentist's chair — and still not have the white teeth, healthy mouth and fresh, clean breath you deserve — because the key to the total health of your mouth isn't found in a tube...

It comes from a perfectly balanced "oral environment"

And thanks to the world's first once-a-day, oral flora mint, you're about to discover what a truly healthy mouth looks like, feels like, and yes, *smells* like GUARANTEED!

You see, all along your teeth and gums lies a coating called *biofilm*. When you add the perfect probiotic



protection of **FloraBright**, this biofilm begins to act as a shield, a naturally protective lining for delicate oral tissues.

Simply put, good bacteria begin filling up the spaces, and the bad bacteria are pushed aside.

No vacancy — move along!

As soon as the specialized oral flora in **FloraBright** enter your mouth and mix with your saliva, these uniquely freeze-dried probiotics become *activated*, and live, active bacteria are released. These beneficial flora attach

themselves throughout your mouth, from the surface of the teeth to deep beneath the gum line.

Soon, oral health "good guy" colonies are formed, creating a base camp of beneficial bacteria to support the ongoing strength of your teeth and gums.



With just one mint a day, **FloraBright** helps re-establish the natural balance in your mouth, in a way no ordinary toothpaste, mouthwash, floss or even costly dental procedure can claim.

For you that means whiter teeth, fresher breath and healthier teeth and gums — pain-free!

Starve your cavities, before they have a chance to feed

Inside your mouth, bad bacteria convert sugar and other carbohydrates to lactic acid. This lactic acid is "cavity fuel," and it also wears away at the delicate enamel of your teeth.

Together, the three specialized probiotic strains in **FloraBright** form a unique partnership, to beat back this cavity-creating process, and naturally protect your teeth and gums.

The *S. rattus JH145* strain in **FloraBright** is lactic-acid deficient, so it can't cause cavities. By pushing aside its bad guy cousins, it keeps your teeth naturally strong and healthy. In one clinical study,

SCIENTISTS CALL IT:
S. rattus.

But to cavity-causing bacteria...it's the NEW sheriff in town!



The combination of lactic acid from sugars and the oral bacteria *S. mutans* is a primary cause of tooth problems, including mineral loss, worn enamel and dentin, and eventually, "dental caries," otherwise known as cavities.

In a breakthrough human clinical study, the unique oral flora *S. rattus* dropped salivary levels of *S. mutans* an average of 60%, reducing users' risk of cavities to low, in just 4 weeks!

harmful bacterial decreased by as much as 85%, as *S. rattus* ran them out of town on a rail!

And his two partners — *S. oralis* and *S. uberis* — create microscopic levels of hydrogen peroxide, which not only inhibits the growth of bad bacteria that can harm your teeth and gums, it also helps freshen your breath and keep your teeth noticeably whiter too!

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For true health, your mouth is screaming for **HELP!**



When something's out of balance in your body, it typically triggers an alarm, to bolster your natural defenses, and call for reinforcements. But when your *oral flora* fall out of balance, you often don't know it until you're paying the price with the health of your mouth.

What's more, as we get older, our mouths are often bone-dry. Up to 30% of us have recurrent dry mouth, which isn't just unpleasant, it's a natural breeding ground for the type of oral bacteria you just don't want.

But with each **FloraBright**, you're not only supporting the balance of healthy flora, you're also stimulating salivary glands to keep your mouth naturally moist.

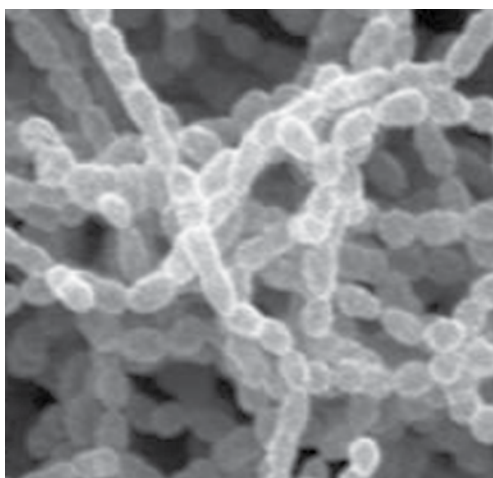
Why reach for a hard candy or sugary gum, which only feeds bad bacteria in your mouth, when you can actually enjoy a delicious, healthy, sugar-free **FloraBright** instead?

Don't treat plaque like the plague — change it instead!

To hear the toothpaste commercials, you'd think a foreign army is marching across your teeth. "The plaque is coming! The plaque is coming! RETREAT!"

It's time to get to know this "enemy" — and turn its allegiance over to OUR SIDE!

As you're probably aware, plaque is a sticky film of bacteria that forms on your teeth and gums. After you eat, the bacteria in plaque release acids that target your tooth enamel.



Your mouth is teeming with bacteria. It's up to you to decide — good guys or BAD!

SOURCE: www.thenakedscientists.com

Repeated attacks take their toll on your poor teeth. And plaque also produces substances that can irritate your gums, turning them from a healthy pink to bright red and tender. Over time, your gums can even start to pull away, making your teeth more vulnerable.

For a healthy mouth, it takes a village...

One way to keep plaque from toppling your teeth is by cutting back on sugar, which lowers the levels of harmful acids in your mouth. If you do choose to snack between meals, raw vegetables, plain yogurt or cheese are good ways to keep these acids at bay.

But besides changing your diet, you can also change the makeup of the plaque itself, and create a healthy oral "community" that protects your teeth and gums!

Imagine...instead of coating your teeth with a sworn enemy, you're now blanketing them with a protective shield of friendly neighbors, locked arm-in-arm for your protection!

Sound impossible, or like science fiction? It actually couldn't be easier...



FloraBright helps blanket teeth with a protective shield of friendly neighbors all day long!

The specialized oral probiotics in **FloraBright** do just that — replacing bad bacteria in plaque with good, healthy ones, without harsh chemicals, painful scraping, or exorbitant costs.

It's a whole new way of thinking about oral health, and breakthrough researchers are leading the charge.

But you don't have to wait for your dentist to catch up. **FloraBright** is available now, though you won't find it in any store.

To learn how to get it delivered right to your door, turn to page 31, or call **1-800-914-6311 right now!**

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Pain-FREE whiter teeth — in just 30 days, **GUARANTEED!**

While we ALL want *healthier* teeth and gums, what your teeth *look like* is often what really matters most. How can you feel youthful and vibrant when your teeth are as yellow as an old newspaper!

With new advances in clinical nutrition, it doesn't have to be that way, not anymore. Not for you.

Because **FloraBright** can give you the confidence to smile again — your mouth is so healthy, it literally shines!

**Don't let your teeth
keep giving away
your age!**

Over time, it's almost inevitable. As we age, our teeth grow noticeably duller and lose their luster.

But just because it's common doesn't mean it's not embarrassing.

That nagging wonder...are people noticing...*staring*...can keep you from smiling...and showing who you really are!

Sadly, it's not just bad habits like

smoking that threaten our teeth's natural whiteness. Even *healthy* rituals like a morning cup of coffee or tea... red wine with dinner... even certain *foods* can turn once white teeth a dark and dismal grey.

Fortunately, you can beat back stains, *even before they start*, and return your teeth's glowing natural whiteness, in just seconds a day.

Best of all, it doesn't take bleaching, painful procedures or a financial mugging to regain your healthy bright smile again!

With **FloraBright**, whiter teeth can come back gently...painlessly... evenly and naturally!

**Why pay so dearly for
whiter teeth?**

Expensive professional treatments, and most over-the-counter, "do-at-home" whiteners ...they rely on the power of *peroxide* to strip away stains and return your teeth to the whiteness of your youth.

**But often this heavy-handed
whitening comes at a painful**

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price...leaving more than just a bad taste in your mouth — though you get that too!

Sensitive teeth and gums, messy applications, uneven treatments and spots...and that's just for starters.

Because if you're not careful, your vital tooth enamel can be damaged in your quest for a sparkling smile!

Instead, when you tap into a *natural* source of hydrogen peroxide, you'll keep your teeth white without bleaching, gels, endless brushing or even expensive lasers. And with **FloraBright**, you've found it!



**Keep your teeth white naturally
without messy gels, trays and
endless brushing... FloraBright!**

SOURCE: <http://www.teeth-whitening-treatments.com/>

**Whiter teeth in 30 days,
GUARANTEED:
How's THAT for a
“side-benefit”?**

As scientists worked tirelessly to uncover the secrets locked inside these specific strains of beneficial oral probiotics, pinpointing exactly WHY they were so powerful for maintaining a healthy mouth...they stumbled upon a very interesting discovery.

While they knew *S. oralis* could beat back and overcome bad bacteria in the mouth, how it works made them truly sit up and take notice.

As it turns out, this “*mechanism of antagonistic activity*”— why *S. oralis* doesn't play nice with the bad guys in your mouth — sprung from its astonishing ability to produce micro-amounts of natural hydrogen peroxide. This anti-bacterial action is its own potent form of germ warfare!

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Amazing...but could it work this same magic against powerful tooth stains?

To find out, they put it to the ultimate test...

Using the “gold-standard” clinical research method used by even the big boys of oral care, **researchers subjected specially designed ceramic disks to deep, dark stains from tea, over a period of 8 long weeks.**

When they were done, these “model teeth” were definitely dingy — and in dire need of **FloraBright!**

But once *S. oralis* was given the green light to get to work, the results came fast and just kept growing! Desperately dull stains showed significant whitening **after only 2 weeks**, and the effect got even *stronger*, making teeth noticeably whiter in just 30 days!

Even better, according to the researchers, this whitening effect didn’t “plateau” at the end of the study — meaning your teeth can keep getting even whiter and brighter the more you use **FloraBright!**

Imagine... the smile of your dreams is now easy. Just a single **FloraBright** mint each day can truly transform your smile, delivering whitening power that’s painless, safe and completely natural too.

Plus, treating your smile to the natural shine of **FloraBright** is infinitely cheaper — and comes without the side effects of those other harsh products. That means no pain, and you *still* gain — not just cleaner looking teeth, but a truly healthy mouth.

And a healthy mouth doesn’t just look good, because when you bring balance to your mouth, the embarrassing scourge of bad breath is shown the door too!

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PROGRESSION OF WHITENESS

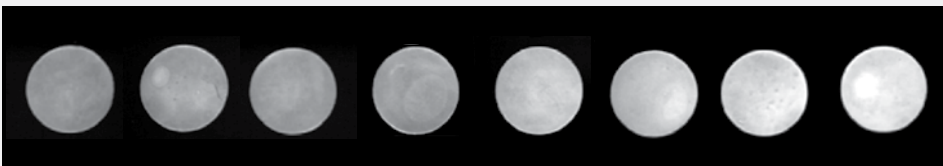
• 2011 - GOLD-STANDARD CLINICAL RESEARCH STUDY

TIMELINE: 8 week period

SUBJECT: Ceramic Disks

SUBSTANCE: Dark Tea

Even the toughest stains faded quickly — naturally — with the probiotic whiteners in once-a-day FloraBright!



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“What does a GI doc know about my teeth, anyway?”

Fair question.



Joseph Brasco, M.D.

I’m not a dentist, and I don’t spend my days fixing cavities or whitening patients’ teeth.

For over 25 years, I’ve been helping people just like you beat the real world health problems that impact their lives, and I’ve seen firsthand the powerful benefits that proper nutrition — and targeted nutritional supplements — can deliver to people all across this country.

I’m board certified in Internal Medicine and Gastroenterology, which means I spend a great deal of time helping people with nagging digestive complaints.

My real world experience has opened up an entire spectrum of the science of probiotics. (And having seen thousands of patients, I’ve run into my share of dingy teeth and bad breath too!)

I’ve witnessed probiotics tackle constipation, strengthen immune function, improve mood and much more. So it’s no surprise to me that specific probiotics can also make a dazzling difference to the health — and appearance — of your mouth and teeth as well.

You don’t have to be a dentist to see the difference these specific oral probiotics can have — the studies are crystal clear, if you know where to look.

I’m lucky to be on the leading edge of probiotic science... I can’t wait to share it with you, and see what probiotics will do next!

Joseph Brasco, MD
Joseph Brasco, M.D.

Introducing the triple-strength solution to a smile your friends will ENVY...

In just seconds a day, you'll protect your teeth, freshen your breath, even regain the bright, white smile of your youth!

And it couldn't be easier, with the probiotic power of all-new **FloraBright**!

Each delicious oral probiotic **FloraBright** mint contains 3 naturally occurring strains of beneficial bacteria, *S. oralis*, *S. uberis* and *S. rattus*.

They're the "good guy" bacteria your mouth desperately needs to stay strong, healthy, fresh and clean.

With just one **FloraBright** each day, you have the power to dramatically change the balance of flora in your mouth — and keep your teeth naturally clean and protected, for years to come!

Your teeth will be stronger, your breath fresher, and in just 30 days or less, your teeth will be whiter too — **GUARANTEED!**

Used regularly, **FloraBright** means having the confidence to smile again!

Imagine...

- ✓ Eating what you want — a crisp, fresh apple or juicy steak
- ✓ Smiling with pride, knowing your teeth are clean and bright
- ✓ Getting close to the ones you love with naturally fresh breath

✓ And doing it all in just seconds a day!

Accept no substitutes. Once-a-day **FloraBright** is a Nutri-Health exclusive — you won't find it in any store at ANY price. But this truly healthy

mint can be delivered straight to your door — and you don't risk a penny to give it a try.

Plus, if you order today, you'll get up to 4 FREE gifts and FREE shipping, handling and processing too!

Your brighter, healthier smile is waiting!

Turn to page 31 for full details, or call 1-800-914-6311 right now!



Go ahead, eat what you want, laugh...and smile wide!

The days of your mouth giving away your age are over!

Your mouth isn't something you spend much time thinking about. Unless of course, there's a problem.

But if it's dingy. Uncomfortable. Or smelly. Sensitive. Or yellow...

You look, and you feel...**OLD!**

Your teeth and the health of your mouth can mean the difference between a life lived on your terms, and discomfort...or giving up foods you love...or a loss of confidence and self-esteem.

But with regular dental check-ups, a healthy routine of brushing and flossing, and the added support of specialized oral probiotics, you can keep the bright, clean smile of your youth, and stop worrying about how you look — or how your teeth *feel* — and focus on the good

Supplement Facts

Serving Size: 1 Mint
Serving Per Container: 30

Amount Per Serving: %DV

FloraBright Oral Probiotic Blend (600 million CFU)	82mg *
ProBiora3® Clinical Strength™ oral probiotic blend including:	
Streptococcus oralis KJ3™,	
Streptococcus rattus JH145™,	
Streptococcus uberis KJ2™	

* Daily Value (DV) not established.

Other Ingredients: Lactitol, inulin, glyceryl behenate, natural peppermint flavor, natural spearmint flavor, rebaudioside A (from stevia).

things, like standing front & center in the family photos, with a natural, genuine smile, or enjoying a fresh corn on the cob on the 4th of July.

When your teeth are clean and bright, your breath is fresh and your mind is free of worries, you naturally look younger, you're definitely more attractive, and you'll always feel more confident and self-assured.

It's amazing what a few thoughtful seconds a day can mean for your life.

That's the difference of **FloraBright**!

Just enjoy a single FloraBright each day, and you'll have something no other mint, gum, mouthwash or fancy toothbrush can give you...

A healthy balance of oral flora, to keep you looking and feeling great, and protecting your teeth and gums all day long!

And best of all, it's fully guaranteed. Either it works for you...or it's **FREE!**

Read on...

THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

Embarrassing lab results reveal a sad truth:

The hidden link between YOUR MOUTH and... (ugh)...**SWAMP GAS!**

We owe onions and garlic a big apology.

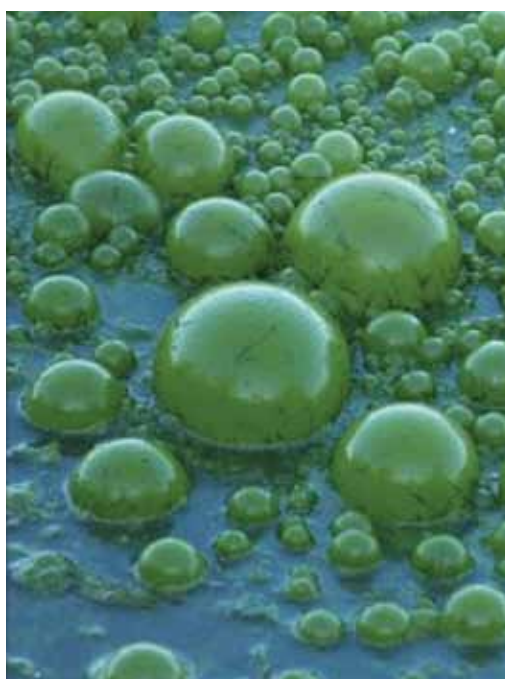
They've taken so much heat for our bad breath epidemic, when something *far more sinister* is usually to blame.

Once you know the real truth, you'll see it's no wonder gums and mouthwash struggle to mask bad breath odor. You wouldn't scrub a sewer with a peppermint, *would you?*

It's true: We're a nation of "Marsh Mouths"

If you could stick a microscope in your mouth, you'd see a slew of oral bacteria constantly in motion. As they fight for position and dominance, this interaction produces a mighty mix of by-products, some good...some, *not so much*.

Among the most noticeable are what's known as *Volatile Organic Compounds*, or VOCs. As much as 90% of bad breath comes from these stinky VOCs, and to beat them back you need to specifically target the bacteria that cause them.



SOURCE: Todd Weeks. Copyright ©2006

When it comes to the real cause of bad breath, gums, mouthwash, fancy strips...they're like bringing a knife to a gun fight! Clean breath never stands a chance!

"My mouth smells like a WHAT?"

The work of these bacteria never stops. Breaking down the saliva and food proteins in your mouth, they produce amino acids,

which in turn become *volatile sulfur compounds*.

I'm talking about *hydrogen sulfide* (H₂S) and *methanethiol* (CH₃SH). Surely a mouthful to pronounce... and they definitely *produce* a mouthful too — of the same awful smells you'll find in swamp gas and sewers!

Smells like rotten eggs. Or moldy cabbage. You're left with a vicious

cycle of "marsh mouth," and not just in your mouth and gums, but in your saliva too.

Fortunately, the specialized oral bacteria in all-new **FloraBright** — *S. uberis* and *S. oralis* — are able to dive deep inside both your gum tissue *and* your saliva, to produce fresh, clean breath and a root-cause scrubbing no mouthwash can promise.

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They say: "We kill 99.9% of bacteria and germs!" But I say...it's what happens next that really matters!

Antibacterial mouthwashes and breath fresheners claim to kill up to 99.9% of bacteria and germs in your mouth. This "nuclear" approach indiscriminately snuffs out everything, including the essential, good bacteria your mouth needs to stay healthy.

Within hours, the surviving .1% of bacteria come storming back, repopulating the full level of harmful bacteria you used to have!

Repeated carpet bombing of your mouth creates ongoing imbalances in the microflora that make true health possible.

Talk about overkill... especially since the "fresh breath" effect rarely lasts more than an hour!

See page 31 for our amazing introductory offer — and your chance to grab up to 4 FREE gifts!



The *S. oralis* KJ3™ and *S. uberis* KJ2™ in **FloraBright** are natural enemies of bad breath bacteria, quickly coming to your defense to create a healthy balance of microflora, to give you longer lasting, truly fresher breath!

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Just one **FloraBright** in the morning, after brushing, or after lunch — when you use it is up to you — and you're turning on all-day natural breath fresheners. What a relief!

Stop masking a problem that's getting worse by the hour!

If you ever seek out bad breath help from a doctor or dentist — and let's face it, few of us ever will — the solutions are temporary or incomplete.

Tongue brushing and scraping? They barely reduce bacteria counts, partially eliminating the food your bad bacteria feast on, but not the bacteria themselves.

A thorough tooth brushing? Gums or mouthwash? Studies have shown these primitive methods last only about an hour, if they work at all.

And are you really going to tote a toothbrush to your next dinner party?

Instead of masking a problem that's sure to come back, it's time to target the root cause of what's making your breath bad in the first place.

Replace ordinary mints and gums with the oral probiotic power of **FloraBright**, and you'll also replace bad breath bacteria with the odor fighting "good guys" that strengthen and protect your teeth and gums too!

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Bad breath so stinky...it **GLOWS!**

To find out if natural solutions can have a real impact on truly stinky bad breath, you can't rely on cupped hands or even a well-trained nose.

To detect the volatile organic compounds in breath odors,



scientists use a gas chromatograph, equipped with a flame photometric detector.

When the chromatograph encounters the mad mixture of gases inside breath odors, it's able to separate and isolate them, down to the individual components.

Add a photometric detector, and due to the unique chemi-luminescent reactions of gasses...**your bad breath actually glows!**

That's how we now know what's behind our bad breath...and that the specific strains in **FloraBright** can beat it back, in just seconds a day!

Save up to \$40 and get 4 FREE Gifts — see page 31 right now, or call 1-800-914-6311 today!

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You just can't win!

9 of nature's bountiful gifts to boost your body... and stain your teeth!

You try to eat healthy, watch everything you put in your mouth...and what's your reward?

Grimy-looking teeth that scream of neglect! Sure, it's not fair. But go ahead, reach for these natural health gifts, as long as you have **FloraBright** close at hand!

- **Red wine:** Rich in resveratrol, a powerful anti-aging boost and heart preserver.
- **Coffee:** Often underappreciated, this morning pick-me-up offers heart health, cavity prevention, even protection against colon problems and gallstones.
- **Tea:** Nourishes your brain and circulation, antioxidant protection, supports a healthy weight and more... no matter the color!
- **Balsamic vinegar:** A flavorful way to help regulate glycemic response to your meals.
- **Soy sauce:** Yes, high sodium, but also antioxidant rich and a natural breast protector!
- **Tomato sauce:** A great way to unlock the healing power of lycopene, a powerful shield for prostate health.
- **Blueberries:** Deep in tooth-staining color, this tiny berry provides big benefits to your brainpower!
- **Beets:** Yes, they're a tooth-staining menace, but also heart-healthy, chock full of antioxidants, and can even lower cholesterol.
- **Curry:** A natural inflammation fighter, to put out the fires that threaten your joints, brain, heart and more.

Eat what you want and **STILL** enjoy noticeably whiter teeth in just 30 days, **GUARANTEED...** or it's **FREE!**

Start your risk-free trial of **FloraBright** and get up to 4 **FREE** Gifts — see page 31 for details!



Flossing is Futile...

To truly tame tooth threats, it's time to head to the trenches!

If nagging from your dentist were truly effective, we'd be a nation of beautiful smiles!

You can't leave a dentist's office without a lecture about flossing, and if you're like most well-meaning people, you're actually diligent about it...for maybe two weeks a year. The week *before* your next visit, and a week *after* your last scolding!

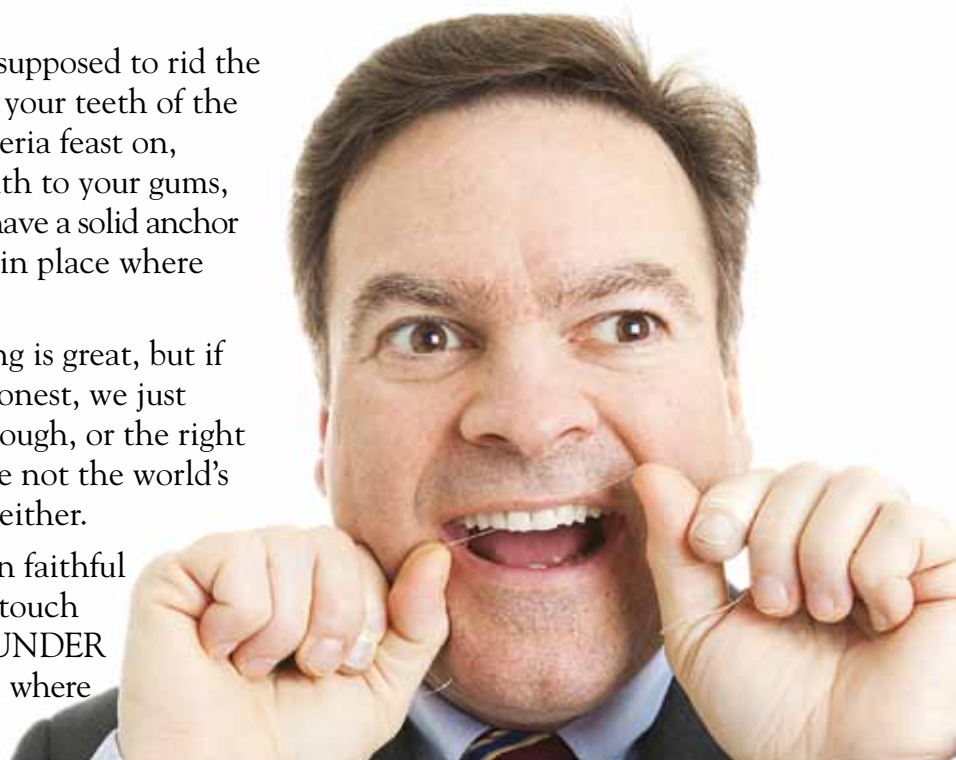
Flossing is supposed to rid the gaps between your teeth of the food bad bacteria feast on, restoring health to your gums, so your teeth have a solid anchor to stay firmly in place where they belong.

Now flossing is great, but if we're being honest, we just don't do it enough, or the right way, and we're not the world's best brushers either.

PLUS, even faithful flossing can't touch the bacteria UNDER your gum line, where

it lies in wait for a chance to wreak havoc throughout your mouth.

But now you're not left with just floss and a toothbrush to fight for the health of your gums. Thanks to the specialized gum support of **FloraBright**, keeping your gums pink and healthy is finally A LOT easier, and it works in ways brushing and flossing simply can't!



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For this trench warfare, send in **FloraBright** reinforcements!

A key to healthy teeth and gums is to reduce the numbers of bad bacteria deep in the trenches along and beneath the gum line, where their tiny colonies begin to take root. As you pop a **FloraBright** mint in your mouth, it releases specialized oral probiotics that surround your teeth and gums, dominate the bacteria you don't want, and strengthen the ones you do.

If you're dealing with problem gums right now, chances are you don't have enough *S. oralis* and *S. uberis*, as studies have shown these potent oral flora are two hallmarks of a healthy mouth.

Almost 80 percent of dental costs are paid out of pocket.

Isn't it worth doing all you can to keep your teeth and gums healthy, strong and protected?

It's finally easy, delicious, and pain-free, with **FloraBright**!

With **FloraBright**, you support your gums deep along the gum line and under it, where no brush or floss can reach. And this deep down support gives you the best chance for a lifetime of confident smiles, because simply put, healthy gums help you keep your teeth!

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CHEW on this:

The most important thing to bring to the dentist's office...besides your checkbook!

Dentists know that if bad bacteria are allowed to colonize in the tiny pockets along your gums, the result is weakened gums and poor oral health. That's why many dental visits often include the aggressive — and painful — process of scraping, prodding and poking below the gum line.

If you've been to the dentist lately, you know what I'm talking about. OUCH — not fun!

Research shows that after this violent process of scaling cleans out your gums, it's the bacteria that colonizes first in the base of that clean pocket that decides your future health. If the beneficial bacteria are first on the scene, then at least the pain and suffering is actually worth it.

But if the bad guys get there first...well, see you again in 6 months!



FloraBright returns your healthy balance of oral flora in a way that's simple, painless, and delightfully non-invasive. Outside your dentist's office, nothing impacts oral health below the gum line to get to the root of the problem like **FloraBright**!

In clinical trials, using *S. rattus* JH145™, *S. oralis* KJ3™ and *S. uberis* KJ2™ — the exact probiotics in **FloraBright** —

substantially affected the levels of harmful bacteria in patients' mouths. The studies found the levels of harmful bacteria were reduced in plaque samples taken from below the gum line, even at the bottom of periodontal pockets.

So as soon as your dentist puts down his tools — pick up a **FloraBright** — and win the race to a healthy mouth!

For healthier teeth and gums, drop your toothbrush...and pick up a stopwatch!

Think about how many years you've been brushing your own teeth. Is it possible you've been doing it **WRONG** this whole time?

Leading dental experts believe a proper brushing takes **two full minutes**, and nearly every adult falls short. To see how far off you are, grab a stopwatch. You'll be surprised just how long 120 seconds really is!

But two minutes isn't very long when you consider everything you have to do:

- ✓ Holding your brush at a 45 degree angle, carefully clean the outer surfaces of your upper teeth
- ✓ Brush the outer surfaces of your lower teeth
- ✓ Now hit the inner surfaces of both upper and lower teeth
- ✓ Concentrate on the heavily used chewing surfaces of both upper and lower teeth
- ✓ Did you remember to pay careful attention to the gumline?
- ✓ And don't forget your tongue!



And now that you're finished brushing, it's the perfect time for a **FloraBright...** so your teeth stay clean, your breath stays fresh... and your mouth stays healthy — even if you're NOT a perfect brusher!



Try FloraBright risk-free, and get up to 4 FREE GIFTS!
Call 1-800-914-6311, or turn to page 31 right now!

THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

You can't help but smile... with this whiter teeth, healthy mouth and fresh, clean breath **GUARANTEE!**



No matter what your age, your health or your income, everyone deserves a truly healthy life.

But not just healthy — you deserve to look, feel and *smell* great too!

With the powerful trio of oral probiotics in **FloraBright**, you're seconds a day away from ...

- ✓ Healthier teeth and gums
- ✓ Natural protection from cavities
- ✓ Fresh, clean breath that lasts
- ✓ And noticeably whiter teeth, safely and naturally!

And now's your chance to get FloraBright, right now — **RISK FREE!**

Put FloraBright to the test in your own life...for as long as 60 days...to know for sure it's right for you.

Then if you're not convinced... if **FloraBright** isn't working for you like we've promised, just return the unused portion to me. Every penny of your purchase price will be promptly returned, and every FREE GIFT you've received is yours to keep.

That's my way of saying "thanks" for giving **FloraBright** a real try.

The bottom line:
Your order, every order, is 100% unconditionally guaranteed, period.

It's only fair — and you have nothing at all to lose.

Except maybe those cavities, bad breath, or any other excuse you have for not smiling!

To your health,

Tom Callahan

Tom Callahan
 President, Nutri-Health

P.S. Right now I'm able to offer introductory specials on our exclusive **FloraBright** formula. There's no reason not to take advantage of our very best deal — because no matter how much you buy, it's all fully guaranteed! Don't wait — turn to page 31, or call 1-800-914-6311 today.



Get the lowest price per bottle on FloraBright and up to 4 FREE Gifts...yours to keep no matter what!

Now that you're ready to give **FloraBright** a try, now that you've seen everything this powerful probiotic can do to whiten your teeth, freshen your breath, protect your teeth and gums and give you the confidence to smile again...why not take advantage of our best offer now and get the lowest price per bottle — **GUARANTEED!**

When you do, you'll grab more than \$106 in savings and gifts, including 3 FREE Bonus Reports — your special gifts just for taking advantage of our very best deal.

AND, if you've made up your mind and you're fast too, reply *within the next 7 days* and we'll include a BONUS FREE REPORT, to say "thank you" for being so prompt!

It's simple. FloraBright works for YOU... or it's FREE!

Either you're completely satisfied, you're a firm believer that **FloraBright** is making your mouth healthier...stronger...cleaner...fresher and more youthful too, or I want it back, and you won't risk a penny to give it a try!

Just say the word, and the **FloraBright** reserved for you is on its way to your door. Try it today for just \$29.95, plus \$6.95 shipping,

handling and processing, for a complete 1-month supply. We'll include our exclusive FREE report, *Beating the World's Second Most Annoying Health Condition: Poor Digestion*, as our FREE GIFT to you, yours to keep no matter what! It's a \$19.95 value...FREE!

Or, if you'd like a BETTER VALUE, order a 3-month supply, get TWO FREE reports, and save almost \$57! You pay only \$79.85, and we'll include FREE SHIPPING & HANDLING too!

But for careful shoppers, who search for only the **VERY BEST DEAL** — and since it's fully guaranteed, there's simply no reason not to — then I'd suggest our **ULTIMATE VALUE...**

Get 6 bottles of **FloraBright's** oral probiotic cleansing and protecting power for just \$139.70 (you save an incredible \$40 on your **FloraBright** alone!) and I'll include 3 FREE REPORTS, and you get FREE SHIPPING & HANDLING



Save Time! Call TOLL-FREE now, 1-800-914-6311

for everything! It's a total savings of over \$106!

It's all yours, including the lowest price per bottle on **FloraBright** available anywhere, PLUS:

FREE BONUS GIFT #1

Beating the World's Second Most Annoying Health Condition: Poor Digestion

(\$19.95 value — Yours FREE!)



A must have for any health-conscious reader, this exclusive report dives deep into the digestive woes

plaguing so many of us... constipation, indigestion, gas, diarrhea and more...and gives you the surprisingly simple steps to stopping them fast, including:

- **The number one digestion complaint in America** — what's causing it, and how to stop it from tackling you!

- **Could your medicines be making your digestive problems worse?** The chief culprits, and how they can lead to food allergies, constipation, and more.

- **The Fearsome Fivesome:** The 5 all-time worst foods for your digestion, and delicious choices to eat instead.

- **PLUS**, the six "ingredients" for smooth, comfortable digestion, what's happening in your body from the moment you first take a bite, and so much more!

FREE BONUS GIFT #2

Eat Your Way to Vitality!

(\$19.95 value — Yours FREE!)



food on your plate. Yes, you CAN eat your way to a healthy, vibrant

(continued on page 28)

The burden of disease and discomfort sucks the joy out of life, but true vitality is actually as close as the

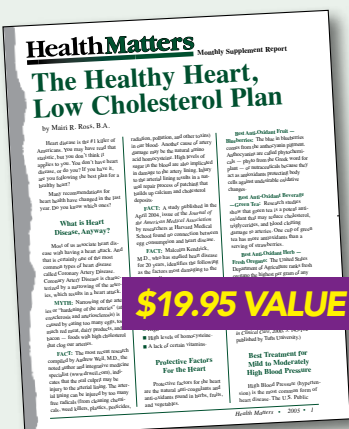
life — just as cultures around the world are doing right now, living to a ripe old 100 or more...they're active, youthful and not just surviving, they're thriving! Learn the secrets, like:

- **Eat more, weigh less?** It's true! Deprive your body of food, and it conserves precious energy and stores it as *fat*! What to eat to break this cycle, fast!
- **What's your Food Vitality IQ?** Take the quick quiz and see how you score!
- **The best "anti-inflammatory" foods...** to protect your brain, your joints, your heart and your life!
- **Two health foods you're afraid to eat.** High in fat, too much cholesterol? You'll be surprised what's truly healthy!
- **And so much more!**

FREE BONUS GIFT #3

The Healthy Heart, Low Cholesterol Plan

(\$19.95 value — Yours FREE!)



You know your heart works tirelessly day and night, its rhythms fueling your very being.

But do you really know how to nourish and protect it? How to keep it healthy, vibrant and strong? This exclusive report explodes the myths of cardiovascular health, and gives you the tools to maintain — or regain — the healthy heart you deserve, including:

- **The best of the best:** the top fruit, vegetable, beverage, and herbs for your heart healthy shopping list, plus the 2 tests the top docs use to see just how healthy you are!
- **The worst of the tests:** Be sure to read this *before* you succumb to these heart screens — it could be a life or death decision!
- **The "no-argument" healthy heart handbook:** It's not often you'll find consensus in medicine, but on these 7 cardio health tips, it's unanimous! How many are part of YOUR life?

• **And more,** including the worst person to take your blood pressure, and how to finally read your blood tests, to see if everything is working like it should!

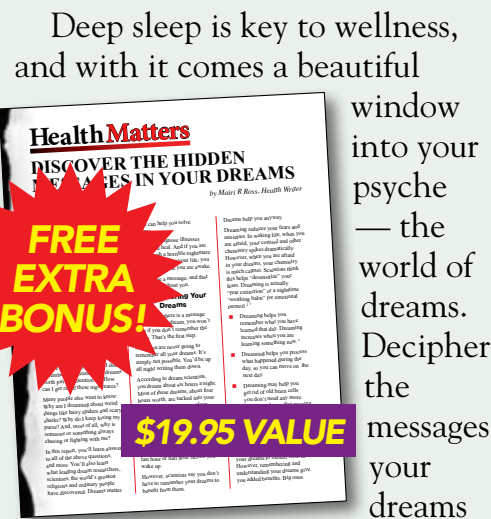
• **PLUS,** as an added incentive for our very best customers, we'll also ship every bottle and report right to your doorstep, and you get FREE SHIPPING, HANDLING & PROCESSING too! That's bonus savings valued at \$6.95!

AND, for your fast response within the next 7 days, you'll also receive THIS **additional BONUS...**

YOUR EXTRA BONUS for FAST RESPONSE

Discover the Hidden Messages in Your Dreams

(\$19.95 value — Yours FREE!)



are trying to tell you, as this exclusive report explores:

- **4 simple steps to remembering your dreams** — and what they'll tell you when you do!
- **Can dreams warn of future illness?** Amazing true stories!
- **Trouble at work? Family issues?** Solve your creative challenges through careful dreaming — how to start tonight!
- **Why bad dreams outnumber good ones,** and what they really mean...
- **And so much more!**

You get it all, all 3 Reports, a BONUS report valued at

Save Time! Call TOLL-FREE now, 1-800-914-6311

\$19.95, plus FREE SHIPPING & HANDLING. That's FREE GIFTS and savings of over \$106 and your entire order is 100% RISK-FREE!

It's YOUR TURN for the Smile You Deserve!

Right now, a healthier smile and whiter teeth are waiting. It takes mere seconds a day to achieve. All you have to do is say the word, and the secret of FloraBright is yours RISK FREE...

Order by calling **TOLL-FREE, 1-800-914-6311**. It's the fastest way to have this breakthrough exclusive delivered to your door, right away!

Or use the postage-paid envelope provided to return your Reservation Certificate. Just drop it in the mail to Nutri-Health Supplements, 260 Justin Drive, Cottonwood, AZ 86326-9945.

If you're ready for a brand-new, more confident you...let's get started!

Yours for healthier living,

Joseph Brasco, MD

Joseph Brasco, MD

P.S. Please don't wait.

This offer may not be repeated, and your order today guarantees you get every FREE gift — including the BONUS gift for fast response. Call **1-800-914-6311** right now!

